

## AFFICHAGE DES ALLERGENES PRÉSENTS VOLONTAIREMENT DANS LES MENUS

|  | GLUTEN | LAIT | OEUF | POISSON | SOJA | MOLLUSQUES / CRUSTACÉS | SÉSAME | ARACHIDE | MOUTARDE | LUPIN | CELERI | FRUITS A COQUE | SULFITES |
|-----------------------------------------------------------------------------------|--------|------|------|---------|------|------------------------|--------|----------|----------|-------|--------|----------------|----------|
| Vinaigrette                                                                       |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Pain                                                                              | X      |      |      |         |      |                        |        |          |          |       |        |                |          |
| Salade verte à composer* / Salade Zéro Gaspil*                                    | X      | X    | X    | X       |      | X                      | X      | X        | X        |       | X      | X              | X        |
| Fromages                                                                          |        | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| Laitages                                                                          |        | X    |      |         |      |                        |        |          |          |       |        |                |          |
| Fruit de saison                                                                   |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Compote "Maison"                                                                  |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| <b>Déjeuner du lundi 12 octobre 2026</b>                                          |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Tomates et olives                                                                 |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Découverte Émincé de fenouil vinaigrette au citron                                |        |      |      |         |      |                        | X      |          | X        |       | X      |                | X        |
| Boulettes de bœuf à la tomate                                                     | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Cassiolette de poisson                                                            | X      | X    | X    | X       |      | X                      |        |          |          |       | X      |                | X        |
| Semoule                                                                           | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Haricots beurre                                                                   | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Cake aux framboises                                                               | X      | X    | X    |         | X    |                        |        |          |          |       |        | X              |          |
| <b>Déjeuner du mardi 13 octobre 2026</b>                                          |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Courgettes râpées à la feta                                                       |        | X    |      |         |      |                        |        |          | X        |       | X      |                | X        |
| Colombo de volaille                                                               | X      | X    | X    |         |      |                        |        |          | X        |       | X      |                | X        |
| Omelette garnie                                                                   | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Pâtes                                                                             | X      | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| Carottes braisées                                                                 | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Crumble                                                                           | X      | X    | X    |         |      |                        |        |          |          |       |        |                | X        |
| <b>Déjeuner du mercredi 14 octobre 2026</b>                                       |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Assortiment de crudités                                                           |        |      |      |         |      |                        |        |          | X        |       | X      |                | X        |
| Cappelletti au fromage                                                            | X      | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| Salade verte                                                                      |        |      |      |         |      |                        |        |          | X        |       |        |                | X        |
| Poêlée de légumes                                                                 | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Brownies                                                                          | X      | X    | X    |         | X    |                        |        |          |          |       |        | X              |          |
| <b>Déjeuner du jeudi 15 octobre 2026</b>                                          |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Accras de morue                                                                   | X      | X    | X    | X       |      | X                      |        |          |          |       | X      |                | X        |
| Salade créole*                                                                    | X      | X    | X    | X       |      | X                      | X      | X        | X        |       | X      | X              | X        |
| Sauté de dinde sauce ananas                                                       | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Boudin noir Antillais                                                             | X      | X    | X    |         |      |                        |        |          | X        |       |        |                | X        |
| Riz créole                                                                        | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Grilled eggplant                                                                  | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Gâteau banane & noix de coco                                                      | X      | X    | X    |         | X    |                        |        |          |          |       |        | X              |          |
| Crème vanille                                                                     |        | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| <b>Déjeuner du vendredi 16 octobre 2026</b>                                       |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Pain perdu Zéro Gaspil'                                                           | X      | X    | X    |         |      |                        |        |          |          |       |        |                |          |
| Escalope viennoise                                                                | X      |      | X    |         |      |                        |        |          |          |       |        |                |          |
| Poisson du marché                                                                 | X      | X    | X    | X       |      | X                      |        |          |          |       | X      |                | X        |
| Courgettes rôties                                                                 | X      | X    | X    |         |      |                        |        |          |          |       | X      |                | X        |
| Frites                                                                            |        |      |      |         |      |                        |        |          |          |       |        |                |          |
| Pana cotta aux fruits                                                             |        | X    |      |         |      |                        |        |          |          |       |        |                | X        |

\* allergènes variables en fonction de la composition : pour plus d'informations se renseigner auprès de la cuisine au moment du service